BONUS INSIDE THE ESSENTIAL KITEN GUDE EVERYTHING YOU NEED TO BE THE ULTIMATE KITTEN PARENT



BEHAVIOUR

FIRST STEPS

SETTLING IN

FEEDING

HEALTH



IN PARTNERSHIP WITH



A NEW BREED OF PET STORE EVERYTHING FOR YOUR KITTEN UNDER ONE ROOF



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For more info, visit petbarn.com.au



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THE ULTIMATE GUIDE TO CARING FOR YOUR NEW KITTEN





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HOW EXCITING! The Joy of A New Kitten.

The cuteness, the cuddles and so much love being sent your way.

You'll probably notice a change in how you do things, too.

You'll want to give your kitten the best life ever. Become the best parent possible, showing kindness, discipline, love and understanding every single day.

It's true, kittens make us better grown ups.

In the following pages you'll find all you need to look after your new family member. These essentials will help you keep your kitten happy and healthy for years to come.





7 things you need to know BEFORE BECOMING AKITEN PARENT

Thinking of adopting a furry feline friend? Here's what you need to know before welcoming a kitten into your family.

1 Have you thought it through?

While cats can be fairly independent, they do require a level of care and maintenance, including regular veterinary check-ups and medical care, ongoing preventative parasite treatments, such as flea and worming control, appropriate nutrition and, in some cases, regular professional grooming. It's important to do your research and understand everything you need to make a lifelong commitment to this new little family member.

2 Cats need their own space

Some cats are more social than others. Either way, it's important to ensure that their environment allows them to have their own space – somewhere they can retreat when they want some alone time. It's also good to put their litter tray in a low-traffic area of the house as they need their privacy, too!

3 Felines are smart

Don't underestimate cats, they're a lot smarter than you

think... and they will try to outsmart you if they get the chance! They have an innate ability to learn quickly, solve problems and adapt to their environments. This can often be incredible to watch as they use their smarts to navigate their lives around your home. That said, it can also get you into trouble at times.

4 Not all cats are the same

While some cats are lap-lovers, others like to be free agents and will genuinely be happy in



their own company. While they will often come to you when they want affection, most cats are impressively individual and independent – doing what they want, when they want.

5 The power of playtime

Environmental enrichment is very important for our feline friends, particularly indoor cats. You'll need lots of fun toys to occupy them, especially when you're not around . Interactive toys that allow you to get involved in playtime are also important and provide a



Head to petbarn.com. au/petspot/kitten to find more information on kittens.

balance of physical and mental stimulation that will help to avoid your kitten developing behavioural issues.

6 They scratch, obviously

It is inevitable that your cat will want to scratch something as it's a natural behaviour and helps them keep their claws neat and tidy. In saying that, you're probably not going to bubble wrap your entire house so your best bet is to get a scratching post for your cat to play on and sharpen their claws, this will help to save your furniture.

7 Introduce other pets slowly

While cats adapt to new surrounds guickly, they don't always warm to others pets at quite the same pace. If you already have another pet, like a dog, you should know you can't force pets to like each other, so it's best to go slow in the introduction process. For animals, smells are far more important than appearances, so try getting your pets used to each other's scent before they meet face to face. A way to do this is to swap their blankets or beds prior to meeting.



KITTEN LOVE

New parent Sasha shares the joy of kitten parenthood.

I adopted Nala as a tiny kitten. When I brought her home with me she cried a lot and was very shy - that said, she immediately stuck to my side. I was working from home at the time, so I was lucky enough to spend a lot of time with her as she settled in. After her initial timidness, she felt right at home and has managed to claw every piece of furniture in the house! I never knew I would be a cat person – she has changed my life for the better. She sleeps at the top of my pillow every night and starts scratching my face in the morning after 6am. While people think I am obsessive about her, she completes my day. I come home and she runs to the door - she makes my place a home.

You can follow Petbarn on Facebook and Instagram for stories of humans and their beloved pets.

DID YOU KNOW?

BURMESE CATS HAVE BEEN REFERRED TO AS "DOG-LIKE" CATS DUE TO THEIR LEVEL OF AFFECTION FOR THEIR OWNERS.

AUSTRALIA'S TOP 5 CAT BREEDS

If you're thinking of purchasing or adopting a cat, here are the five top cat breeds most commonly welcomed into Aussie homes that you may want to consider.

1. Burmese

Spirited and intelligent, a Burmese cat can be taught to fetch toys and will love playing games with the family. They enjoy being the main attraction and prefer not to be left alone for long periods of time. They're gentle with children and will even befriend other cats or dogs in your house. Expect some noise as they tend to be quite vocal. They're fantastic lap-warmers and love nothing more than being cuddled.





2. Australian Mist

Perfect for those who live near the bush and have children, an Australian Mist is a sweet, loving and affectionate cat, specially bred in Australia to be gentle with little ones and native wildlife. They have a short, dense coat with multi-coloured dark spots on a light, 'misted' beige background. Super affectionate, they love playing games with their humans and can be trained.



3. Abyssinian

These loyal and loving kittens attach themselves to their human and demand affection. This breed has dark-rimmed. expressive eyes of amber, green or hazel, a long slender body. wedge-shaped head and large ears with a tuft of hair at the top. They enjoy being the centre of attention and are active and noisy. They're intelligent and curious pets with a particular love of climbing.

4. Siamese

Expect conversations with your Siamese, as they're known for being very vocal! They relish attention and prefer not to be left alone during the day, so vou should shower them with love and affection and they'll be happy. Full of energy and intelligence, a Siamese loves to play games and can even be taught to retrieve toys.



If you are interested in adopting a pet, try Petbarn Adoption. To find out more info or

locate an adoption centre near you, visit petbarn.com. au/services/adoptions.

5. Mixed breeds

There are so many fantastic mixed-breed cats available for adoption! Often you'll be lucky to enjoy some of the best character traits of two or three different breeds. There are so many gorgeous cats and kittens in adoption centres just waiting for loving, forever homes. You can find out so much about your prospective pet before you make a lifelong commitment. You'll be making a huge difference to the life of a cat.

With so many cats needing a safe home, consider adoption instead of buying a cat. So, what are the benefits of adoption?

- adopted cats have been microchipped and had health checks
- by adopting, you're saving a cat's life
- cats for adoption are usually desexed
- cats in adoption centres are just looking for love
- if you're after a kitten, many shelters and rescue organisations can still help you
- like all pets, they bring so much joy to your life and improve your health

YOUR KITTEN'S DEVELOPMENT

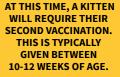
Bringing a kitten into your home is an important and exciting milestone. It's only the first of many as your pet grows into an adult cat.



Six to eight weeks

Kittens should have their first veterinary health check and the commencement of their vaccination program between six and eight weeks of age, which will help protect them from disease and illness. If your cat is going to be exposed to the outdoors, protecting them from Feline AIDS is recommended with the incorporation of an FIV vaccination which can be administered at eight weeks of age. They should

be eating mostly solids and regular small meals each day.



Newborn

Kittens at this stage rely solely on their mother until they're three or four weeks old. A kitten at birth will weigh around 100 grams.









Two to six weeks

A kitten's eyes will start to open and their sense of smell and hearing will improve. This is when an intestinal worming regime should start. Your kitten requires worming every fortnight until 12 weeks of age, then monthly until six months old. Their first teeth start to come in. Introduce drinking water and wet food, as well as a litter box.

They'll need:

litter

- worming treatment
- litter box
- wet kitten food

14-16 weeks

At 14-16 weeks of age, your kitten can have their third booster vaccination. From here, your veterinarian, in consultation with you, will determine your feline friend's long-term vaccine program. The recommendations will be guided by your cat's lifestyle and environment.





Your cat is now considered an adult! They'll need to switch to adult cat food



to better suit their metabolism.

They'll need:

- adult cat food
- new collar and bed, based on their growth

Six to 12 months

From month six onwards, your kitten is in an adolescence stage, which can last until they're 18 months old. You should be worming your kitten routinely every three months from this point onwards. This age is also an important milestone for desexing your kitten. All pets should be desexed between the ages of four and six months.

They'll need:

- worming prevention
- flea and heartworm control
- dental care essentials (see page 23)



• a trip to the vet. Book online

greencrossvet.com.au/ bookonline



Feel free to chat to your local Petbarn team member to find everything your kitten needs, at every stage.

Ÿ:

10 to 12 weeks

Between 10-12 weeks, kittens are ready to go to their new home! Your kitten will start to come out of their shell and exhibit playful behaviour.

This is the time that they require their second booster vaccination.

They'll need:

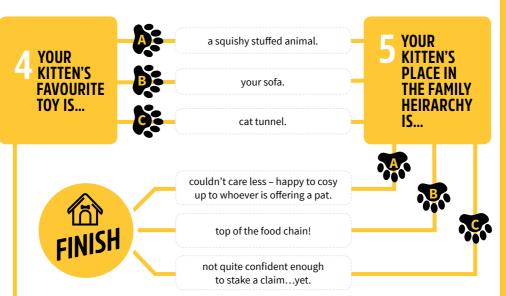
- cat carrier
- bedding
- collar, ID tags and bell (see
- kitten starter kit on page 15)
- a vet visit. Book online

greencrossvet.com.au/bookonline

WHAT'S YOUR KITTEN'S PERSONALITY?

Cats are known to be independent – and proud of it! Their distinct personalities make them totally loveable, yet which one fits your kitten? **Take our quiz and find out.**







IF YOU ANSWERED...

Mostly A: Cuddly kitty!

This little friend is a sucker for love. They are happiest when curled up and purring beside you and can't resist a scratch on the belly/back/ behind the ears. When friends pop around to your house your pet is happy to cuddle. Lucky you – you've found one affectionate kitten!

Mostly B: Cool-asa-cucumber cat

Watch out – you have yourself one cool cat. As far as cats go, this kitten likes to push the boundaries and flaunt their personality. This cat definitely dances to the beat of their own drum so you'll always be entertained with their unique personality.

Mostly C: Shy guy

Your kitten has a soft and sensitive nature that will blossom with lots of love and care. It may take a little while for these pets to warm up, and you can look forward to a close friendship. Patience and a gentle approach will be rewarded with these sweet cats.

DID YOU KNOW?

RESEARCH INDICATES THAT CATS HELP TO REDUCE ANXIETY AND STRESS IN THEIR OWNERS. Prepare your home for the arrival of your new kitten. Getting your home in order will make sure your kitten has a safe and secure environment.



BEFORE BRINGING YOUR KITTEN HOME

1 Remove dangerous obstacles

Your kitten is a curious little pet that will want to play and explore. Your job is to make sure that dangerous items, such as cords, are out of harm's way.

2 Store chemicals securely

Make sure you store any dangerous chemicals such as bleach or floor cleaner out of your kitten's reach, as their curiosity can easily get them into a lot of trouble.

3 Organise their bed

Kittens spend a lot of time sleeping, up to 16 hours per day on average. All this rest helps with growth and development. It's essential that you provide a comfortable bed to snuggle in that's warm, cosy and safe.

4 Gather the toys

Kittens need lots of toys to play with as they are extremely active – have a variety of toys on hand to keep yours entertained.

5 Prepare your kids

If you have young children, it's really important to explain that they must be gentle with the new kitten. Children will want to snuggle and play. At first, this has to be limited as your kitten needs a lot of rest and may feel overwhelmed.



They may find it hard to settle in. To help, here are some tips:

- set up a designated space for their bed – this may be the laundry
- make sure they can snuggle into blankets
- ensure they have access to fresh water and their litter tray
- don't let them settle or sleep on your bed
- if you hear them crying, just make sure they're nice and warm
- be aware that they will take a little while to adapt to your sleep patterns
- if your kitten is struggling to settle, you may want to consider a crate for them to sleep in

6 Find a good litter and tray

Litter is an essential on the kitten checklist and it's best that you find a litter and tray that your kitten is comfortable with sooner rather than later, so they can start using it. You may need to trial a number of varieties of litter before you find the best one for your kitten.

7 Be ready for accidents

Kittens are very clean pets. That said, they're bound to have the odd accident just like any other pet, so it's best to be prepared. Have cleaners on hand that are pet-friendly, as it's the best way to avoid mishaps with chemicals.

8 Don't forget their food

As obvious as it sounds, before you bring your kitten home, make sure you're well stocked with food and treats. Look for food that's specially formulated for kittens and, if you're not sure what's best, consult your local Greencross Vets. Treats are also important, as you can use them to reward your kitten when you're working on their behaviour.

A scratching post is a must

Scratching is a natural behaviour so you don't want to discourage it. You don't want your furniture ripped apart either. Have a scratching post in place from day one and make sure your kitten knows that it's okay to scratch away on it.

10 Pick up a carrier

A good cat carrier is essential for getting your new pet home and taking trips to the vet.





KITTEN STARTER KIT

PETBARN HAS EVERYTHING YOU NEED TO ENSURE YOUR NEW FAMILY MEMBER IS SETTLED AND HAPPY.

Don't forget to book your kitten in for a free health check with Greencross Vets (see vouchers page 39).



THE ESSENTIALS

There are plenty of life-admin tasks you can put off for a few months, the paperwork for your new kitten isn't one of them.

PETSPOT

CHECK OUT PETBARN.COM.AU/ PETSPOT FOR MORE GREAT PET CARE TIPS AND ADVICE.

Healthy Pets Plus

With over 55,000 members, you can have peace of mind, and confidence that the Greencross Vets Healthy Pets Plus membership program is the future of safeguarding your pet's health and well-being. This membership program promotes the early detection of disease and illness. It keeps our pets happy and healthy while saving you money at every visit! Visit **healthypetsplus.com.au** to learn more.

Microchipping and registration

First on the list of paperwork for your new kitten: the local council will want to know about your pet's new home sooner rather than later. In some council jurisdictions, fines apply for unregistered cats. If your kitten was registered under a previous parent, you must complete a council transfer of ownership form. You'll want to have your kitten's microchip data on hand, proof of desexing as well as any concession cards you hold.

To find out more information visit greencrossvet.com.au

Purebred kittens

Before welcoming a new cat to your family, get to know their feline family tree. Breeders should come with papers that show they've been registered with the relevant breed association or club. Ask the breeder for the registration and vet records of your kitten's parents, including certificates showing they've been screened for common hereditary diseases.



Your healthy pet checklist

Registered breeders and pet adoption centres will take care of a kitten's first vet health check, vaccination, flea and worm treatments, and microchip before

they can go home with you. Be sure to get a record of the vaccination and parasite prevention treatments so you know when to book your kitten in for their next round. You'll also need copies for your kitten's first pet hotel vacation.



78.3% OF AUSTRALIAN PET PARENTS DON'T HAVE PET INSURANCE*. FOR MORE ON PETBARN PET INSURANCE (ONE OF THE TOP-RANKED IN (ONE OF THE TOP-RANKED IN AUSTRALIA FOR VALUE[‡]), HEAD AUSTRALIA FOR VALUE[‡]), THEAD TO PETBARN.COM.AU/INSURANCE.

Pet insurance

As the smallest member of your litter, your kitten will need a number of trips to the vet in their first year. Taking out pet insurance can save you up to 80% on consultations, surgery and medicines.



WHAT SHOULD I FEED MY KITTEN?

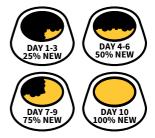
Deciding what to feed your kitten is an important decision. Here's everything you need to know to ensure your kitten has a healthy and nutritionally balanced diet.



K ittens develop rapidly, both physically and mentally. You need a super premium food to support this growth and help strengthen their immune system. Choosing these foods will give your kitten the best possible start.

When you first get your kitten

You shouldn't change your kitten's food in the first few days in their new home. Moving house and changing families is very stressful and can affect your kitten's digestive system. Keeping them on the diet they're used to will reduce the chance of upset stomachs or diarrhoea.



When you are ready to change your kitten's diet, do so over the course of 10 days, gradually introducing their new food mixed with the old one.

Choosing their food

Check the range available and select a food - wet or dry marked as a "kitten" diet. These diets are specifically formulated to meet the needs of cats less than 12 months old. Be aware that the quality of the range will vary. In most instances, you will pay more for super premium food that contains the best-quality vitamin and mineral ingredients. They also include DHA, which is important for developing brain function. These foods contain real meat, such as chicken, as the first ingredient. As a rule, kittens should get about 30% of their energy from protein, so provide a diet that contains a quality source of protein. Check the label for a balance of real proteins, fats and oils, minerals, vitamins and carbohydrates.

Dry versus wet food

It's common for parents to provide their kitten with a combination of wet and dry food. Feeding wet food is a great way to ensure your kitten stays hydrated and maintains good urinary tract health.

What about the cost?

You may think higher-quality diets are expensive compared with other brands. Due to their high digestibility and high calorific density, your cat needs a smaller portion to meet their nutritional needs. When this fact is taken into consideration and a cost per day is calculated, they compare favourably, especially when the quality of the ingredients and the benefits are factored in.





Discover the perfect match for your kitten's dietary needs with our Cat Food Finder and lots more info on kitten nutrition at petbarn.com.au/petspot.

BENEFITS OF SUPER PREMIUM FOOD

A higher-quality diet is vitamin-rich, nutritionally dense with quality proteins, fats and carbohydrates for healthier cats that need less in their bowls (smaller serves) and leave less in the litter tray (less waste to clean up).

Choose from our range of super premium brands at Petbarn, including Royal Canin kitten food (pictured), and your kitten will reap the rewards. These include:

- formulated for specific breeds, life stages and health conditions
- quality ingredients
- no added artificial colours or flavour enhancers
- DHA to enhance brain and nervous system development
- blend of vitamins and minerals for optimal health

- digestible ingredients that help avoid hairballs and lead to smaller, firmer and less-smelly waste
- promotes skin and coat health
- support for developing immune systems
- encourages strong joints and lean muscles
- wet foods optimise water intake for cats, which is vital for their urinary tract health





DID YOU KNOW?

PURRING HAS HEALING POWERS. SCIENTISTS HAVE DISCOVERED THAT THIS FREQUENCY OF CATS' PURRS HAS THE POTENTIAL TO PROMOTE HEALING IN THEIR OWNERS.

BEST OF CARE

A healthy kitten is a happy one, so it's important to give them the best start to life. Here's everything you need to know about visiting the vet with your pet.

Zoonotic diseases can be contracted from contact with animals, so it's best to stay on top of your cleaning routine. You can reduce the risk of zoonotic diseases by:



Cleaning out litter travs regularly



Isolating

First steps

It's recommended to take your kitten to your local Greencross Vets within a week of bringing them home. The vet will perform a full physical examination and discuss the best preventative healthcare plan with you, which will include your new kitten's vaccination schedule. Monitor your kitten's behaviour around the house before their first vet visit so that you can discuss any behaviour or health concerns that you may have. It's handy for the vet if you can bring a sample of your kitten's stool - you can contact your local Greencross Vets for tips on how to collect a sample. For tips on a safe trip to the vet, see page 34.

Vaccinating your kitten

Your new kitten's vaccination schedule should begin between six and eight weeks of age. Kittens' immune systems are very susceptible to disease, which is why it is so important to safeguard them from potentially fatal diseases.



Disposing of faeces in the tray quickly



Washing your hands frequently



Bathing and grooming your cat regularly

Vaccination schedule:

- first vaccination between 6-8 weeks old
- second vaccination between 10-12 weeks old
- third booster between 14-16 weeks old

Cats need booster vaccinations to ensure long-term immunity. Your vet will recommend an ongoing plan for vaccinating your kitten based on their lifestyle and environment. Keep a log of your pet's vaccinations in the back section of this book.



Washing your cat's bed often



Wearing gloves when gardening



Keeping your children's hands clean after playing

Desexing

Desexing is an important part of being a responsible pet owner and it's essential for your kitten's health and well-being. The correct age for desexing can vary depending on the breed and size of your pet and your lifestyle. Five months is the ideal time to have a conversation with your vet around desexing and the health and behavioural benefits.



For more information and to find your local Greencross Vets, visit greencrossvet.com.au.

COMMON HEALTH PROBLEMS FOR KITTENS

As kittens' immune systems are still developing, and they've just moved homes, it's really important to watch out for any worrying symptoms.

ats are good at hiding that they're unwell. This makes it difficult to tell when your furry friend is exhibiting any symptoms that you should be worried about. If your kitten is unwell, you may notice a lack of energy or a change in behaviour. What are the other signs you shouldn't ignore?

Symptoms that can indicate your kitten is sick:

- lethargy
- diarrhoea
- vomiting
- sneezing
- runny eyes and nasal inflammation
- unable to defecate
- trouble urinating
- loss of appetite

Common causes of stress in kittens

Stress is another heath concern for kittens and it can lead to health and behavioural issues. Here are common causes:

- meeting new people
- moving house
- travelling in the car
- going to the vet
- loud noises
- new family members

up to 50% of cats are thought to be carriers of gastrointestinal carriers *. Be aware of the parasites*. Be aware of the signs and stay up to date with treatments.



If you notice any of the symptoms above or anything out of the ordinary, speak with your local Greencross Vets to make an appointment. Seek treatment for your pet before it turns into something more serious.

KITTEN DENTAL CARE: 101

Just like people, cats' teeth need to be looked after to ensure they stay in tip-top condition. Here are some pointers for your kitten's best dental health.

s your kitten starts to settle in with you, they should start to become accustomed with having their mouth examined. This will help you maintain their dental hygiene and make it easier for the vet to inspect their teeth further down the track. Once they are comfortable with this, you can put a plan in place.

Brush their teeth

When brushing your kitten's teeth, you need to use a specific cat-friendly toothpaste. Using a chicken- or beef-flavoured option will help your pet see brushing as a reward. First, let them taste the toothpaste then, using a nice soft finger brush, gently rub the paste over their teeth. Start slowly and work your way up to brushing their teeth. Brushing every day is ideal for optimal health.

Don't forget about their gums

Your kitten's gums should look pink and healthy, not irritated and sore. An important part of looking after your pet's teeth is to massage their gums to stimulate good oral health.

Look to their diet

Your kitten's dry food helps to protect their teeth from plaque and tartar. Over time, a diet of wet foods alone can lead to gingivitis and even loose teeth. This is why your kitten should also be given food that requires mechanical cleaning, like raw chicken necks or wings, as well as dental treats that have the seal of approval. Just be careful you're not overfeeding them. Never feed your kitten cooked bones, as they may splinter.

Spotting dental problems in cats

If you see your kitten rubbing their mouth with their paws or licking their food rather than chewing, they may have a dental issue. You should also watch out for drooling, sore mouths, sudden decreased appetite and bleeding gums.





SHARE PICS OF YOUR KITTEN'S TOOTHY GRIN ON INSTAGRAM AND TAG #PETBARN





Feline Greenies Dental Cat Treat



Tropiclean Oral care gel

<u>Healthy Pets Plus</u>^C

Having a healthy, happy pet just got easier.

IN THE PURSUIT OF HAPPIER, HEALTHIER FUR FRIENDS.



Healthy Pets & Peace Of Mind

Healthy Pets Plus was developed by veterinarians and is exclusive to Greencross Vets. This membership program includes a complete standard of preventative care services for your feline companion.

Bringing your cat for regular check-ups allows your Greencross Veterinarian to evaluate their general health and identify any health issues before they become serious illnesses.

Healthy Pets Plus meets the highest standards for animal care whilst allowing you to spread the costs over a 12-month period.

Unlike us, pets can't tell us how they feel, so scheduled and timely check-ups are a great way to make sure your pet is always in the best possible shape. It gives you peace of mind and confidence that your kitten is healthy and happy.

Prevention Is The Best Medicine

We believe proactive care not only improves the quality of your pet's life, it will add years to it.

Most importantly, Healthy Pets Plus will make doing the right thing for your pet simple and affordable through every stage of your pet's life.



MEMBERSHIP BENEFITS:



JOIN TODAY AT YOUR LOCAL GREENCROSS VETS



For more info on Healthy Pets Plus visit healthypetsplus.com.au or call 1300 473 369 to talk to a team member today.

HEALTH

HELPING Your Kitten To use litter

While kittens take to litter trays fairly intuitively, getting this lesson right is key. Follow these six steps and your kitten will be using the litter tray in no time.

1 Find the right litter tray first up

You should look for a tray that's large enough for your kitten to move around in and one that has walls that aren't too high, so that they can easily climb in when it's time to go. Some kittens like more privacy, so you can also choose a tray with a fully covered lid.

2 Choose the best litter for you

Choosing the right litter for your kitten is just as important as the tray itself. Cat litter is available in a variety of materials and each have their pros and cons. Options vary from natural varieties, such as recycled paper, to clay litter, which forms clumps when wet for easy removal, and crystal litter, which locks in moisture and odour.

3 Find the right spot

Place the litter tray in a quiet spot out of the way of household traffic for privacy. The best place is in a corner of a room, away from their food and water bowl.

4 Control their space

When you bring your new kitten home, it's best to allocate your pet a smaller space like the laundry until they get used to their new home – this will also help with toilet training. It will also keep them close to the litter tray when they need to go and encourage them to use it.

5 Keep in mind

If you are introducing a new kitten into a home that already has a resident cat, you need If you have any more questions, feel free to ask your friendly Petbarn team member for advice on choosing the best litter for your cat.

to make sure that each of the cats have their own litter tray. This will help to prevent any unwanted territorial behaviour and inappropriate urination in the long run.

6 Reinforce their good behaviour

If you want your kitten to quickly learn how to use their litter tray, you should get in the habit of physically placing them inside it when they first wake up in the morning, a few minutes after eating and drinking, and after play. Gently encourage them with your words and never raise your voice.



FINDING The best Litter

TYPES OF LITTER AVAILABLE

Clay

Clay litter

This variety is available in both clumping and non-clumping varieties. Clumping clay cat litter is highly absorbent, quickest to absorb moisture, most economical and can be dug into the garden. Nonclumping litter avoids mess outside the tray while being absorbent and economical.

Crystal

Natural litter

Varieties are made from corn, wheat or pine. Grainbased litters are fully biodegradable with long-lasting odour control. Pine litters are made from 100% sustainable wood shavings made into pellets. This litter is absorbent, biodegradable, and has great odour control.

Crystal litter

These 100% silica crystals are non-clumping, longlasting, lightweight, nontoxic and very absorbent.

Paper litter

This litter is made of recycled paper, it is chemical-free and ultra-absorbent while suitable for composting.

DID YOU KNOW? CATS HAVE DEVELOPED AROUND 24 DIFFERENT VOCALISATIONS IN ORDER TO COMMUNICATE WITH US.

WHAT IS MY KITTEN SAYING?

While having a chat with your cat may sound far-fetched, it turns out you and your kitten have a language all of your own.

k ittens seem to pack a lot of personality into their tiny bodies! Your kitten will use a combination of vocalisations and body language to tell you what's going on in their world, it's just a matter of learning to interpret them.

Cat talk

We've established that kittens only use their "meow" to talk to

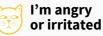
their humans. They don't really use their voice to communicate with other cats, except when fighting. Your kitten will use their voice to let you know what they need. When it comes to their body language, remember that not all cats are the same and to look at your cat's body language as a whole – that way, you won't take what they're trying to tell you out of context.



LEARNING TO DECODE KITTEN LANGUAGE

🧭 l'm happy

- tail extended straight up
- eyes half closed
- pupils narrowed
- purring
- whiskers naturally to the side
- kneading a soft surface
- if their tail starts to quiver, don't think your cat's afraid or anxious, they are telling you that they're extremely content!



- tail swishing rapidly
- ears flat on their head
- whiskers curled forward
- constricted pupils



I'm feeling defensive

- rolling on their back and exposing their stomach (this can sometimes mean your cat is content. That said, if they extend their claws and bare their teeth, it usually means they're preparing to fight)
- hissing or growling
- ears flat on their head
- tail between their legs (or a 'bushy' tail)
- crouched down low to the ground.

Kittens are playful little things that need lots of mental stimulation. Make sure you offer them lots of toys to beat boredom.

BOREDOM **BUSTERS FOR**

Play together

There are a number of toys on offer that will let you and your kitten play together. Teaser toys on a string and toys on a rope will involve you in the game and let you have heaps of fun with your kitten. This play time will help you bond with your new pet and establish a strong friendship.

Teaser toy, scratching post, scratching post solution and leather

> TURN TO PAGE 3 TO FIND A VOUCHER

FOR KITTEN TOYS

4 GREAT KITTEN TOYS

Solo play

You'll want to give your kitten a range of toys that let them entertain themselves. Balls, tunnels, and toy mice are just the start of the huge selection of toys on offer at Petbarn. You can even find electronic toys that will keep your kitten stimulated for hours.

Up to scratch

Providing your kitten with a scratch post or scratch toy is a great idea. You can encourage your kitten to use

their scratch post by spraying the toy with catnip spray and/or playing chase using a teaser. It's best to buy the largest scratch post or pad you can as you want your cat to scratch upwards in the natural scratching position.

BEHAVIOUR

A GUIDE TO YOUR KITTEN'S INSTINCTS

Descended from the wild cats, our domesticated kittens come with their fair share of personality quirks – it's only natural!

Kneading is when a cat rhythmically alternates pushing their paws against a soft surface, such as the sofa, a rug or your lap.

Kneading is one of your kitten's more peculiar behaviours that actually serves a number of important purposes for cats. Kneading begins virtually from day one, when a kitten kneads their mother's teats to help stimulate milk production.

While behaviour experts aren't entirely certain what drives cats to knead beyond kittenhood, it's widely thought they instinctively associate massaging a soft surface with the cosy comfort of a mother's nurturing. Some adult cats even lick or suckle the surface they're kneading. The belief is that kneading is both an expression of contentment and a self-soothing mechanism. Cats are thought to knead to help themselves relax and unwind.

WHY DO CATS KNEAD?

Kittens make themselves at home by marking territory.

You may see them rubbing their face and body repeatedly against your legs, walls, flooring and furniture to spread their scent. If a kitten is having trouble settling in, they may begin marking territory with urine instead of using the litter box. Kittens may be more likely to do this if they're feeling anxious. WHY DO CATS MARK THEIR TERRITORY?

It is generally accepted that purring is an emotional response for cats.

A cat's purr is one of the tools they use to express their feelings, particularly when they are feeling relaxed and happy. Cats also purr when they're distressed, afraid or in pain, and even when giving birth, so it could be a self-soothing behaviour rather than exclusively a show of contentment. It's probably a means

of communication, too. Purring starts when kittens are just a few days old, leading some to speculate they're "talking" to their mother and encouraging her to feed them.



Scratching and kneading is normal behaviour cats have inherited from their wild ancestors.

You can manage your cat's scratching and kneading by enriching their environment with accessories and toys. When our nails get too long we clip them with a nail clipper – a cat can't do that. The feline solution for nails that are too long is to start scratching on something, as this is natural cat behaviour. The act of

scratching removes the old nails and allows the new ones to emerge. To help protect your furniture, your cat will need a scratching post. Make sure it's tall enough for them to stand up on their hind legs with a sturdy base so it won't fall over. Ensure it's covered in a tactile material, like carpet or sisal, and has platforms and hidey-holes for play. Remember: the more fun you make it, the better chance it'll be used for scratching, rather than your couch! BEHAVIOUR

If you're worried about your kitten's behaviour, visit your nearest Greencross Vets.

WHY DO CATS SCRATCH?

DID YOU KNOW?

CATS HAVE IMMACULATE HYGIENE BECAUSE THEY SPEND OVER HALF OF THEIR WAKING HOURS GROOMING.

HOW TO GROOM YOUR KITTEN

While cats are superb self-groomers, regular brushing by you will keep your kitten's coat extra shiny and healthy.

Starting slow

Regular grooming is important for maintaining your cat's health. Most cats love to be brushed, especially if this is a routine that's developed from an early age. Make sure your kitten feels comfortable being patted all over and is slowly introduced to their combs and brushes. Keep your first grooming sessions short – only five to 10 minutes – then gradually increase the time until your pet is used to the routine.

Grooming basics

Grooming your kitten depends on their coat and whether they have long or shorter hair. For long-haired cats, we recommend brushing every day. Short-haired breeds need to be brushed once a week. Consistent brushing stops their hair from matting, removes loose fur and reduces the risk of irritating hair balls caused by excessive selfgrooming. For the best results, use a metal comb first and work it from front to back within the line of fur. Loose fur can then be removed with a slicker brush or a rubber mitt.

Can you give your kitten a bath?

Kittens can be bathed to improve their coat appearance and reduce unpleasant odour. Always brush away any dead fur before bathing. As cats can be nervous around water, we recommend using a warm, damp sponge or bathing wipes instead of a bath. Waterless shampoo can also be used once your kitten gets older. Only use mild shampoos specifically formulated for kittens to prevent skin irritation. Work it gently into the coat and rinse thoroughly before drying.

Your kitten's nails

Your kitten's nails will need to be clipped regularly. To get them used to this, get into the habit of playing with their paws and claws while they're young. It's important to ensure your kitten is comfortable with this before you start clipping their nails to avoid resistance and give them positive associations with this necessary grooming process.

If you feel unsure, ask your local Greencross Vets for advice on clipping your kitten's nails.

KEEPING YOUR KITTEN SAFE FROM PARASITES

Kittens are susceptible to worms, fleas and ticks. The good news is that they can be treated and often prevented.

Ticks and fleas

While we normally associate warmer weather with fleas and ticks, these parasites are resilient all year-round. If you don't treat your pet with parasite prevention regularly, they are at higher risk of health problems associated with pesky parasites. The flea lifecycle can be difficult to beat. Flea eggs go from larvae to pupae stage and will stay present in your kitten's fur and environment (including bedding and toys), waiting for the ideal temperature to hatch. Maintaining year-round flea prevention will help to avoid an infestation during peak seasons.

Worms

Worms are nasty parasites that can affect kittens and some worms can be transmitted to humans. Symptoms that may identify that your kitten has worms include weight loss, diarrhoea and weakness.

Kittens should be wormed at two, four, six, eight and 12 weeks of age, and then every three months following that. Ringworm is also a concern, as it results in a fungus that is highly contagious to humans, too! Heartworm is a concern for your kitten – that said, it's more of an issue for puppies.

How can I prevent parasites?

Over-the-counter prevention can be administered as a tablet, spot-on or spray. These products have unique benefits with some providing protection from more than one parasite including fleas, intestinal worms and even heartworm. Some brands are safe to use on kittens from six weeks of age and will protect your cat from a range of parasites. Be sure to check on the packet though.



If you have any concern about your kitten's health, visit your local Greencross Vets.

TIPS FOR A STRESS-FREE CAR JOURNEY

CAR SAFETY FOR YOUR KITTEN

While you're not going to take your kitten for lots of car trips, it's important to make them comfortable to maximise their safety.

he first step to your kitten's car safety is their cat carrier. You'll need to take your kitten to the vet regularly, so you need to ensure your kitten is comfortable with the experience and most importantly safe during the commute. Your kitten's carrier can be seen as a place of refuge by them, so make sure their first introduction to it is as anxiety-free as possible.

Feliway Spray

Feliway uses a special scent that is a replication of the pheromone cats leave naturally when they are feeling comfortable in their environment. This scent is odourless to people and other animals and will help to keep your cat calm during car trips.



- line the carrier with something soft like a towel or bed
- Feliway spray the carrier prior to putting your cat in to alleviate stress
- bring some treats to reward good behaviour
- if your cat does not spontaneously enter the carrier, calmly place them into the carrier through the opening
- secure the carrier on the back seat of your car with the seatbelt, or against the front seat, and cover it with a towel
- drive smoothly, without loud music, talking to your cat in a soothing voice; the calmer you are the less anxious they'll be
- if possible, keep windows closed for extra safety
- if your cat is reluctant, wrap them gently in a towel that has their scent or Feliway spray on it

KITTENS ON Holidays

As much as you love your kitten, there will come a time when you have to go away and leave them behind. There are lots of options so you can have peace of mind on your trip.

Use a boarding cattery or vet

A boarding cattery is a facility that looks after a number of cats when their parents cannot. There are catteries in all major cities and towns, and many vet clinics also offer cat boarding services. The main advantage of boarding your kitten with a vet is that there are experienced medical staff on hand should they become ill. Boarding catteries tend to offer larger quarters, as well as extras like enclosed outdoor play areas, though costs are likely to rise along with the degree of luxury.

Use a professional cat-sitter

The next best thing to you being at home is hiring a professional pet minder, or cat-sitter, to either stay with your kitty for the duration of your holiday, or visit every day. The great thing about having someone care for your kitten in your own home is that they won't be stressed out

HEARD OF PETCLOUD?

PETBARN'S PET CARE SERVICE PARTNER, PETCLOUD, CONNECTS PET PARENTS WITH TRUSTED, INSURED PET CARE PROVIDERS. VISIT PETBARN. COM.AU/SERVICES/PETCLOUD TO FIND OUT MORE.

by being taken away from their usual environment.

Ask a friend

If cost is a factor, you could consider asking a trusted friend, neighbour or family member to mind your kitten while you're away. Ideally, ask someone who is able to stay at your place and maintain your pet's normal diet and routine. If your kitten will need to go to a different house, check that it's escape-proof and take lots of home comforts to help them settle in, such as familiar toys or a crate or cat carrier they can retreat to if they're feeling overwhelmed.



Petbarn offers drop offs and pick ups at selected stores in NSW, ACT, QLD and VIC. Book in on our

and VIC. Book in on our website, drop your pet off before 10am and they'll be taxied to their hotel. Visit petbarn.com.au to find your closest location.

KITTY DILEMMAS

Bringing a kitten into your home is a big step and you'll be faced with the odd challenge. Here are some kitten-related frequently asked questions.

DID YOU KNOW?

CATS AREN'T JUST REMARKABLE BECAUSE OF THEIR QUIRKY PERSONALITIES - EACH CAT'S NOSE HAS A UNIQUE PATTERN, SIMILAR TO A HUMAN FINGERPRINT.

Why do cats sleep so much?

Cats seem to spend their entire days sleeping, most likely after pouncing on your chest at the crack of dawn. The average cat naps for 15 hours a day, with kittens and older cats sleeping even longer. So why does your pet keep such strange hours? Cats may not spend a lot of time awake, yet when they do, they use lots of energy. Whether they're stalking a bird, chasing string or using their scratcher, your cat exerts a lot of energy in short bursts. This means they need recovery time.

Why do cats bring you dead things?

Domesticated cats have retained their wild hunting instincts and it's impossible to take them away. When your cat kills a mouse or a bird and presents it to you, they are demonstrating their natural survival instinct to hunt. The best way to curb this behaviour is to stimulate their natural hunting habits. By giving them plenty of toys and indoor play activities, such as balls, wands, automatic interactive toys and plenty of opportunities for climbing and scratching you'll be keeping them entertained, making them less likely to turn their attention elsewhere.

Are cats nocturnal?

A lot of people believe that cats are nocturnal, or active during the night and asleep during the day. This is not strictly true. In fact, the majority of domestic cats are most active at both dusk and dawn rather than only at night. Because of this, cats



laze around during the day, particularly when the sun is at its hottest, and are most active in the early morning and in the early evening hours of twilight. Whereas big cats in the wild, from which our domestic feline companions descend (lions, tigers etc), are typically nocturnal hunters. So, if your cat is displaying nocturnal characteristics, it means they're channelling their inner lion!

Why do cats hate water?

For an animal so adamant on being clean, it's a wonder that most cats don't like water. While many cats explore their water bowls with their paws, and become curiously bewitched around dripping faucets and showers, most don't appreciate being wholly drenched in water. While there are a few reasons for this, the main one comes down to their body temperature - once wet, they find it hard to feel warm again. If you expose your cat to water from a young age, they are more likely to accept bath time. It also helps

if you praise your cat at every opportunity and give them treats for getting involved.

How long do cats live?

Contrary to the popular saying, cats don't have nine lives. Their lives are getting longer though. Thanks to medical advances and more time spent indoors, it's not uncommon for cats to live beyond the standard lifespan of 12 to 15 years of age. Greencross Vets has had feline patients as old as 21 years of age. As a general rule, female cats outlive males and a cat that lives indoors has a stronger immune system and, therefore, often lives longer. By taking good care of your pet's health, you can increase their chances of living to a ripe old age. Providing your cat with a good-quality balanced diet is important for maintaining a healthy weight and delivering the nutrients they need. You can help ward off deadly illnesses with regular trips to your local Greencross Vets for all your pet's vaccinations, boosters and general check-ups.

TECH ADVANCES to streamline your life

Technology has come a long way! Us humans have enjoyed some pretty incredible advances and the pet world is no different. Here are some top tech buys for kittens.

Petcube Interactive Camera

Ever wanted to text your pet to make sure they're okay? The Petcube camera takes things a step further, because it's an interactive camera that lets you speak to your pet while you're away. You'll be able to watch their behaviour to make sure they're not getting up to no good, chat to them through the camera and let them play with a laser-light setting.



Electronic feeders

These are fantastic for those who sometimes get held back at work. The programmable feeders let you schedule multiple meals per day (if need be) in exact portions. If you worry that your pet will be waiting at home hungry while you're stuck in traffic, you can relax knowing that they'll receive their meal on time.



MICROCHIP CAT FLAPS

Keep your home secure with a cat door that only opens when it registers your pet's microchip number – no stray cats can sneak inside! You can link it to more than one pet and set up curfews and different programs based on the level of access you want to give your cat.

Interactive cat toys

To keep your cat entertained all day, you can find a huge variety of electronic toys. The Frolicat Bolt is an interactive laser toy that provides hours of fun for you and your cat as they pounce, chase and bat at the exciting laser patterns – the perfect boredom buster for your kitten!







20% OFF KITTEN GROOMING PRODUCTS

FREE KITTEN HEALTH CHECK



20% OFF KITTEN FOOD

INCLUDES HILL'S SCIENCE DIET, ROYAL CANIN, ADVANCE AND NUTRO.



20% OFF CAT COLLARS & LEADS



ETBARN

20% OFF CAT BEDDING



20% OFF CAT TOYS





20% OFF CAT TREATS

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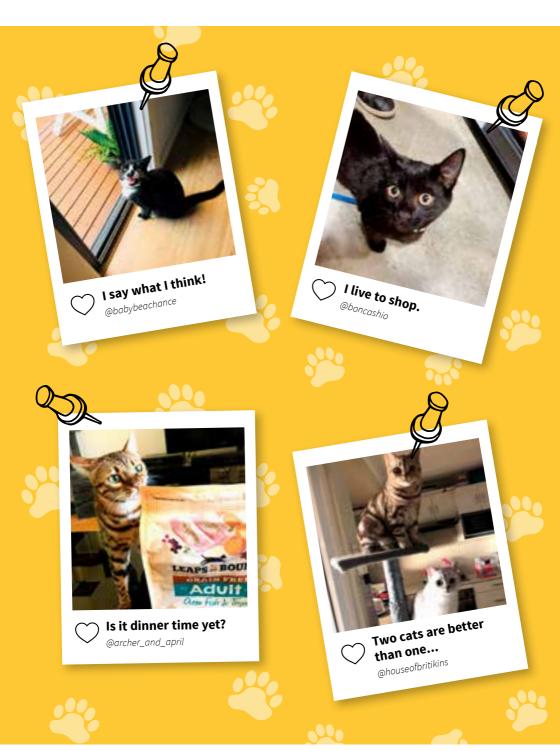
VISIT OUR YOUTUBE CHANNEL FOR KITTEN HOW-TO VIDEOS

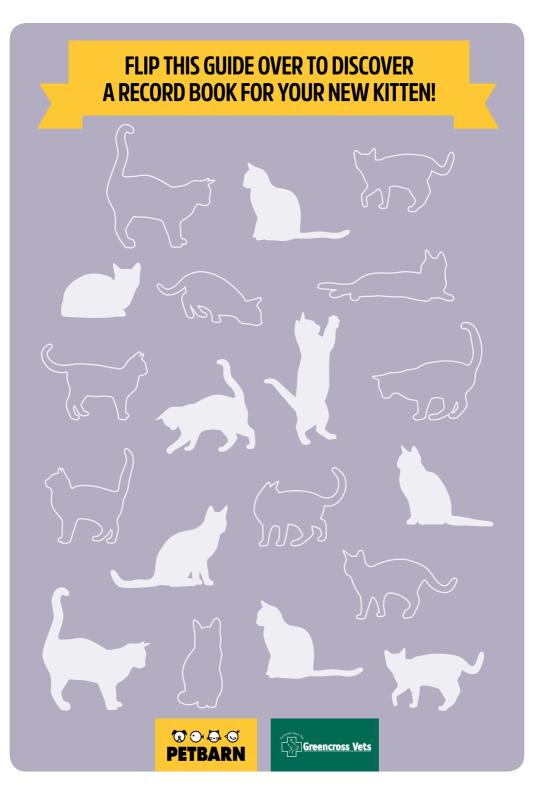


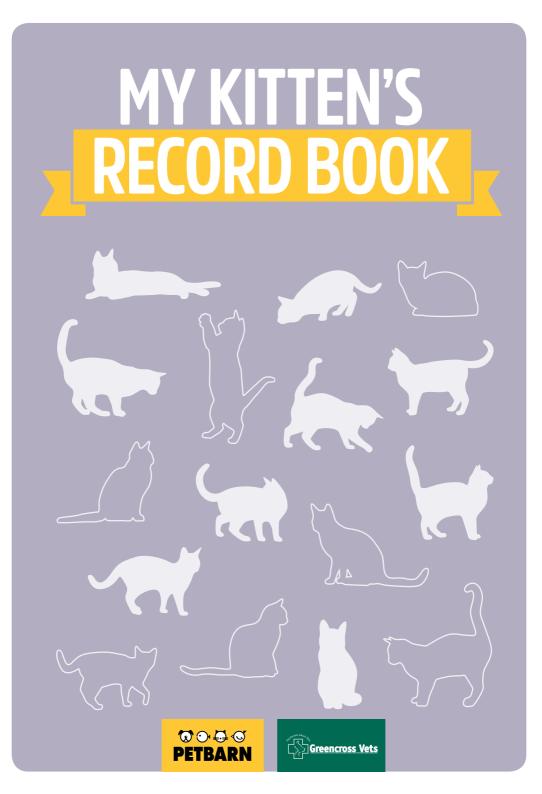
VISIT PETBARN.COM.AU/PETSPOT FOR MORE INFORMATION ON CARING FOR YOUR NEW KITTEN

petbarn.com.au









MY KITTEN'S RECORD BOOK

Photo goes here

MY NAME IS

I BELONG TO	VERY IMPORTANT INFORMATION
ADDRESS	MY VET IS
	EMERGENCY VET CONTACT DETAILS
PHONE NUMBER	MICROCHIP NUMBER

ABOUT ME

BIRTHDAY	COLOUR
BREED	MARKINGS
SEX	EYE COLOUR

MY REQUIREMENTS

MY FAVOURITE THINGS	MY FIRSTS
FAVOURITE ACTIVITY	FIRST DAY AT HOME
FAVOURITE TOY	
FAVOURITE PLACE TO SLEEP	
FAVOURITE GAME	FIRST TIME USING
FAVOURITE TREATS	THE LITTER TRAY
FAVOURITE PLACE TO BE PATTED	
FAVOURITE GROOMING TOOL	FIRST TIME OUTSIDE

YOUR KITTEN'S PARASITE PREVENTION PLAN

FLEAS	形 TICKS	WORMS	HEARTWORM
PRODUCT	PRODUCT	PRODUCT	PRODUCT
DUE DATE	DUE DATE	DUE DATE	DUE DATE

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
FLEAS												
TICKS					•							
WORMS												
HEARTWORM												

VACCINATION RECORD

VACCINATION PROGRAM

DATE	VACCINE	VET	NEXT DUE
	Place your vaccine label here		
	Place your vaccine label here		
	Place your vaccine label here		
	Place your vaccine label here		
	Place your vaccine label here		
	Place your vaccine label here		
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VACCINATION PROGRAM

DATE	VACCINE	VET	NEXT DUE
	Place your vaccine label here		
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Find your nearest Greencross Vets at greencrossvet.com.au.



KITTEN SPEED DIALS

ADDRESSES TO HAVE ON HAND FOR EVERY SITUATION.

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LOCAL VET'S PHONE:

LOCAL VET'S ADDRESS:

NEAREST EMERGENCY VET:

EMERGENCY VET'S ADDRESS:

.....

LOCAL VET'S NAME:

LOCAL PETBARN

LOCAL	PET	BARN:

LOCAL PETBARN PHONE:

LOCAL PETBARN ADDRESS:

TO FIND YOUR NEAREST PETBARN, VISIT PETBARN.COM.AU/STORE-FINDER

BREEDER/CENTRE

PET'S ADOPTION CENTRE OR BREEDER:

ADOPTION CENTRE OR BREEDER CONTACT NUMBER:

EMERGENCY

NEIGHBOUR'S PHONE:

LOCAL COUNCIL PHONE:

PET-SITTER'S PHONE:

LOCAL TRAINER:

PET'S INSURANCE PROVIDER:

PET'S INSURANCE POLICY NUMBER:

INSURANCE PROVIDER PHONE:

TO GET PET INSURANCE, VISIT PETBARN.COM.AU/SERVICES/ PET-INSURANCE

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